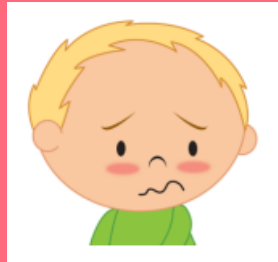


WHO CAN HELP?

IF YOU ARE FEELING:



angry, mad,
annoyed, frustrated



embarrassed,
ashamed, guilty



jealous, envious



nervous, anxious,
worried, shy



disappointed,
discouraged, lonely



hurt, injured,
emotional



sad, unhappy



scared, afraid

There are people in our school that
you can talk to:



Our Safeguarding
Lead:
Miss Moore



Our Deputy
Safeguarding Lead:
Miss Turner



Our Learning
Mentor:
Mrs Crank

You can also speak to an adult in your class if you
would prefer, or use the worry box in your class.